



OUTLAWS
All Stars

VIC Cheerleading Information Booklet

2025

Note; Minor changes to all details may be made in early 2025

WELCOME TO THE *Outlaws All Stars Family!*

Outlaws All Stars is Australia's largest **Premier Cheerleading & Dance community**. For 20 incredible seasons, we have worked to change lives, spread passion, and share knowledge; from the **eastern suburbs**, to the **Mornington peninsula**, all the way up to sunny **Brisbane** and our newest **Gold Coast family**, while continuing to grow in **Adelaide!**

A true '**hideout**' for hundreds of cheerleaders and dancers who call Outlaws their home, we pride ourselves on fostering a **family environment** where every athlete receives the coaching, support, and encouragement to be their very best. As we enter this exciting **21st season**, we're ready to bring the **NEW Outlaws** into the world, continuing our commitment to inspire, grow, and achieve what others think is impossible.

What Is Cheerleading?

Cheerleading is one of the **fastest-growing sports in the world** and one of the few truly competitive **Coed sports**. It's a fun, dynamic way to stay fit, learn lifelong skills, and build unbreakable friendships. At Outlaws All Stars, our experienced coaches work tirelessly to develop not just skills but also character. Athletes learn about **teamwork, resilience, patience, positive attitudes, and sportsmanship**—lessons that carry well beyond the gym.

Outlaws All Stars offers teams for athletes of all abilities—from **beginners to world-class performers**, as young as **3 years old**. Teams are structured by **age divisions** and **skill levels (Cheersport to Level 7)**, with groups forming either **All girl** or **Coed** squads.

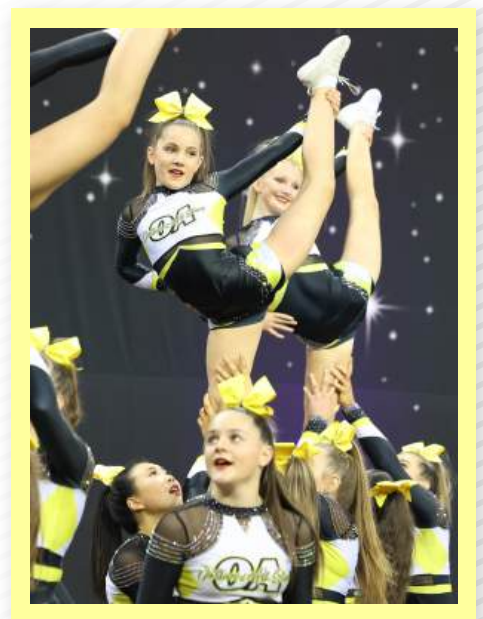
Our skilled coaches create routines. Teams train **1-3 times per week** to perfect their routines and showcase their hard work at competitions. Outlaws athletes compete at events **locally, interstate**, and even **on the world stage**, continuing to raise the bar every season.

OUTLAWS ALL STARS:

A New Era of Excellence

This is more than a milestone; it's a movement. We are proud of the legacy we've built over **the last 20 years, but the beginning of our next 20 years** is about looking ahead, evolving, and creating new opportunities for every athlete. We invite **YOU** to be part of the next chapter in the Outlaws story as we embrace our exciting refresh and bring a **bigger, brighter, and stronger** Outlaws into the world.

Welcome to the family.
Let's make this season unforgettable!



ABOUT *Outlaws All Stars*

FUN

At Outlaws All Stars, we believe that fun is the foundation of everything we do. After all, if you're not enjoying it, why do it? Our coaches strike the perfect balance between fun and discipline, creating an uplifting and positive environment where athletes can thrive. When students enjoy their training, they accomplish more, learn better, and develop a genuine love for the sport.

FAMILY

The **Outlaws family** is unlike any other. Our athletes aren't just students—they're valued members of a close-knit community where support, encouragement, and lifelong friendships are built. Whether in or out of the gym, our staff and fellow athletes are always there to uplift, motivate, and inspire. It doesn't matter your age or skill level—at Outlaws, you'll always find a home.

CHEERLEADING & DANCING AS A SPORT

We are a **training facility** dedicated to developing athletes both mentally and physically. Our coaches are committed to teaching, motivating, inspiring, and instilling discipline in every athlete. We focus on key elements that define success:

- **Discipline**
- **Teamwork**
- **Fun**
- **Safety**
- **Health**

Our programs aim to bring out the very best in each athlete, ensuring they learn the value of hard work while enjoying a **family-like environment** every step of the way.

OUR BEST

At Outlaws All Stars, we expect nothing less than your **best effort**. Everyone learns at a different pace, but if you're going to do something, do it to the **BEST** of your ability. Success isn't just about outcomes—it's about **attitude**.

A great attitude sets you apart and lifts those around you, especially in a team sport. When you hold yourself to a high standard, you inspire others to rise with you.

HEALTH

We are a **health-focused club** because we know that peak performance starts with a strong, healthy foundation. From training to nutrition, we encourage our athletes to make positive choices that improve their lives and **their sport**. Our goal is to ensure every athlete gets the best out of themselves through education, balance, and support.

PERFECTION BEFORE PROGRESSION

At Outlaws All Stars, **perfection before progression** is the standard. By focusing on **proper technique and execution** at every level—regardless of age or ability—we allow athletes to advance quickly and safely. We take a structured approach to teaching, ensuring that every athlete can **demonstrate mastery** before moving to the next skill.

Enjoyment and safety are our top priorities. With so many students in our care, we take our responsibility seriously. Teaching proper form and technique ensures each athlete can grow with confidence, progress with strength, and perform with pride.

TUMBLING REQUIREMENTS FOR EACH LEVEL

At Outlaws All Stars, athletes are placed in levels where they have mastered the required skills so they can compete skills they are confident in.

This ensures that when training under pressure, athletes feel safe and confident in what they have to put on the performance floor. Tumbling skills practiced in tumble classes can be 1-2 levels above the athlete's competition level to encourage growth while ensuring safety.

WHY MASTERY MATTERS:

Performing skills repetitively with correct technique ensures athletes build routine fitness, safety, and confidence. Athletes must consistently demonstrate their level skills across consecutive 8-counts with proper form. Exceptional stunting ability may also be considered when forming teams, as determined by our experienced world-class coaches.

MID SEASON

- No skills required
- For those who can't commit to the first half of the year but still want to compete.
- No uni required & minimal comps

CHEERSPORT

The perfect starting point for all beginners with no required skills

NOVICE

- Cartwheel
- Handstand
- Bridge Kickover
- Handstand to Bridge
- Back Bend

LEVEL 1

- Round Off (RO)
- Connected Forward Walkover
- Connected Backward Walkover

LEVEL 2

- Back Handspring (BHS)
- Round Off BHS
- Round Off Multiple BHS
- BWO BHS

Note: Final team divisions will be determined after tryouts. Divisions may adjust based on team needs (e.g., Open 4.2 may become Open 4, or teams may switch between All-Girl and Coed divisions).

LEVEL 3

- Jump to Back Handspring (BHS)
- Standing 3 BHS
- Round Off BHS Back Tuck
- Round Off Back Tuck
- Aerial
- Punch Front

LEVEL 4

- Standing Tuck
- BHS to Tuck
- Round Off BHS Layout
- Punch Front Step Out to Tuck/Layout
- Round Off Whip to Tuck or Layout

LEVEL 4.2

- Back Handspring (BHS)
- Round Off Multiple BHS
- Forward Walkover Round Off BHS
- Round Off BHS

LEVEL 5/6

- Jump Tuck
- Standing Full
- BHS to Layout
- BHS Whip to BHS Tuck/Layout
- BHS to Full/Double
- Round Off BHS Full/Double
- Punch Front Step Out to Full/Double
- Round Whip to Full/Double
- Arabian to Full/Double
- Any Other Skill Combinations

CHEER SPORT / NON-COMPETITIVE *Programs*

At **Outlaws All Stars**, we believe that cheerleading is for **everyone**. Whether you're starting fresh or refining your skills, our non-competitive programs offer athletes a unique opportunity to experience the joy, structure, and excitement of cheerleading without the pressures of a full competition schedule.

LEVELS PROGRAM

Our **revolutionary Levels Program** is the perfect introduction to cheerleading. Designed for **athletes of all ages and abilities**, this hybrid program covers all elements of cheerleading:

- **Tumbling**
- **Stunting**
- **Jumps**
- **Dance**
- **Motions**

Athletes progress at their **own pace**, ensuring they build confidence, strength, and technique while having fun. Those who complete all **7 Levels** will be fully prepared to step into Level 3 of **All Star Competitive Cheerleading**.

FLYERS PROGRAM

Outlaws All Stars offers a specialized **elite training program** for flyers, focusing on:

- **Flexibility**
- **Strength**
- **Body Control**
- **Technique and Stability**

Our **experienced coaches** provide individualized attention to help flyers perfect their skills while improving overall strength and execution. Flyers are **strongly encouraged** to pair this program with **ballet classes** to further develop their balance, body awareness, and flexibility.

Locations: Flyer classes are available at both **Bayswater** and **Somerville** gyms and run multiple times a week.

TUMBLING PROGRAM

Tumbling is a vital component of cheerleading. At Outlaws All Stars, we offer a **safe and progressive** tumble program for athletes of all skill levels, from **Novice to Level 7**.

- **Skill Development:** Athletes will build confidence, technique, and strength under the guidance of our *highly qualified coaches*.
- **Class Structure:**
 - **Casual Classes:** Perfect for athletes looking to learn new tumbling skills or enhance their current abilities.
 - **Private Tumbling Sessions:** Tailored training to target specific skills, available through our website based on coach availability.

Locations: Tumble classes are offered at our **Bayswater** and **Somerville** gyms.

Refer to the timetable for a suitable class!

DEVELOPMENT TEAMS

Our **Development Teams** are ideal for athletes looking to experience the excitement of cheerleading without the demands of a full competition schedule.

- Designed for families with other commitments like **school activities, extracurricular sports, or work schedules**.
- Athletes build **fundamental cheer skills** while gaining opportunities to develop more advanced techniques.
- Development Teams offer a **reduced training and competition schedule**, making it the perfect starting place for athletes **new to cheer**.

Level 1+ Pathway: Athletes ready to progress will be hand-picked by our coaches to begin learning skills for the **next level**.

At **Outlaws All Stars**, we are committed to helping every athlete thrive, grow, and **fall in love with cheerleading** at their own pace.

Outlaws All Stars ANNUAL INVESTMENT

CHEER & DANCE - REGISTRATION & INSURANCE

Recreational and Tier 1 Cheer - \$65

Tier 1-3 Dance & Tier 2 - 6 - \$115

This is an annual fee that includes administration costs for the season + Insurance (& a registration pack of socks & a calendar for our athletes in Tier 2 - 6)

CLASS TUITION RATE

CHEER OR DANCE	WEEKLY	F/NIGHT
Tier 1	\$22.44	\$44.88
Tier 2	\$32.70	\$65.40
Tier 3	\$59.64	\$119.28
Tier 4	\$67.34	\$134.68
Tier 5	\$80.81	\$161.62
Tier 6	\$86.57	\$173.14
Unlimited (Cheer OR Dance)	\$103.25	\$206.50
Unlimited (Cheer AND Dance)	\$145.00	\$290.00

CHEERLEADING FEES

*Competition pack includes Music, Competition Entry Fees for competitions scheduled on Tier page, and AASCF Nationals Shirt for athletes competing at Nationals. **Additional team competition pack price breakdown can be provided upon request.**

PLEASE NOTE: Prices are subject to change in 2025

CHEER Apparel

NEW Club Tee \$45 (Tier 1 - 6) Compulsory from 2026

NEW Level Tee \$45 (Tier 2 - 6) Compulsory from 2025

Lightly rhinestoned Cheersport Competition Uniform - \$185 Same uniform for 3 seasons '25-27

Fully rhinestoned competition uniform (Level 1-3) - \$410 Same uniform for 3 seasons '25-27

Fully rhinestoned competition uniform (Level 4-6) - \$455 Same uniform for 3 seasons '25-27

Fully custom, rhinestoned, custom worlds uniforms (Worlds teams) - \$455 Worn for 3 seasons '25-27

Competition Bow, Small \$22, Large \$25

Club Training Kit (Tier 4-6) \$125 Worn for 3 seasons '25-27

Team training kit (Level 4+) \$100

DANCE Apparel

NEW Club Tee \$45 Compulsory from 2026

Black Level Tee w yellow \$45 Compulsory from 2025

Pom Costume \$410

All Other Dance Costumes - TBC, est \$80-\$120 ea.

Outlaws All Stars VIC 2025 CHEER TIERS

Welcome to our Tiers page, where we have categorised our teams into Tier groups depending on their commitment levels

Recreational	Tier 1 1 Hour	Tier 2 1.5 Hours	Tier 3 3 hrs Hours	Tier 4 3.25 Hours	Tier 5 4.25 Hours	Tier 6 5 Hours
Bayswater Baby Bandits Levels Program Flyers Classes Stunt Class Somerville Levels Program Flyers Classes	Bayswater Tiny Torious Kelly Kids Somerville Mini Mayhem	Bayswater Bandits Recruits Wild Ones Gunsmoke Crossfire Goldern Girls Somerville Ricochets Fury	Bayswater S.W.A.T.S Deputies Triggers Somerville Little Angels Junior Ops Caliber	Bayswater Avengers Rangers G.I.Janes International Teams Palm Springs Kelly Girls Notorious	Bayswater I.B.K.G Blaze Bullets Hot Shots Rivals Sharpies Sheriffs Gen 5 Somerville Crush Reckless Heat Senior Stealth Vigilantes Black Angels	Bayswater Kelly Coed

MUSIC

N/A	\$50.00	\$110.00	\$160.00	\$190.00	\$190.00	\$220.00
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COMPETITIONS

Nil	1st Shootout Cheercon States AG States Showcase	1st Shootout Cheercon Icebreaker Cheercon States Showcase AG States AASCF Nationals	1st Shootout Winterfest Battle Cheercon States AASCF States Showcase AG States AASCF Nationals	1st Shootout Winterfest Battle Cheercon States AASCF States Showcase AG States AASCF Nationals	1st Shootout Winterfest Battle Cheercon States AASCF States Showcase AG States AASCF Nationals	1st Shootout Winterfest Battle Cheercon States AASCF States Showcase AG States AASCF Nationals
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COMPETITION COSTS

N/A	\$245.00	\$450.00	\$605.00	\$605.00	\$605.00	\$605.00
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COMMITMENTS - STRICT ATTENDANCE

Public Holidays / Long Weekends Off All school holidays off	Strict Attendance No Public Holidays / Long Weekends Off Holidays Choreo in April 2 weeks in July 1 week in Sept 3 weeks in Dec	Strict Attendance No Public Holidays / Long Weekends Off Holidays Choreo in April 2 weeks in July 1 week in Sept 3 weeks in Dec	Strict Attendance No Public Holidays / Long Weekends Off Holidays Choreo in April 1 week in July 1 week in Sept 3 weeks in Dec	Strict Attendance No Public Holidays / Long Weekends Off Holidays Choreo in April 1 week in July 1 week in Sept 3 weeks in Dec	Strict Attendance No Public Holidays / Long Weekends Off Holidays Choreo in April 1 week in July 1 week in Sept 3 weeks in Dec	Strict Attendance No Public Holidays / Long Weekends Off Holidays Choreo in April 1 week in July 1 week in Sept 3 weeks in Dec
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ANNUAL TRAINING INVESTMENT

\$22.44/Hr/Wk or \$200/Term	\$22.44/Hr/Wk or \$200/Term	\$32.70 per week DD Start (23 pymnts)	\$59.64 per week DD Start (23 pymnts)	\$67.34 per week DD Start (24 pymnts)	\$80.81 per week & additional DD Start (24 pymnts)	\$86.57 per week & additional DD Start (24 pymnts)
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APPAREL & UNIFORM

N/A	NEW Black level tee Competition Bow Cheersport Comp Uni	NEW Club tee (compulsory in 2026) NEW Black level tee Competition Uniform Nationals Tee Please refer to prices on page 5	NEW Club tee (compulsory in 2026) NEW Black level tee Competition Uniform Nationals Tee Please refer to prices on page 5	NEW Club tee (compulsory in 2026) NEW Black level tee Competition Uniform Club Kit- \$125 Nationals Tee TBC Team kit- 2 items (Req. for Lvl 4+, optional for 1-3) Nationals Tee Please refer to prices on page 5	NEW Club tee (compulsory in 2026) NEW Black level tee Competition Uniform Club Kit- \$125 Nationals Tee TBC Team kit- 2 items (Req. for Lvl 4+, optional for 1-3) Nationals Tee Please refer to prices on page 5	NEW Club tee (compulsory in 2026) NEW Black level tee Competition Uniform Club Kit- \$125 Nationals Tee TBC Team kit- 2 items (Req. for Lvl 4+, optional for 1-3) Nationals Tee Please refer to prices on page 5
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Please see competition schedule breakdown on page 8

2025

TERM 1	JANUARY 11	● Term 1 Begins, Tiers 4 - 6
	JANUARY 18	● Term 1 Begins, Tiers 1 - 3
	MARCH 1 - 4	● Term 1 Social Week, All Tiers
	APRIL 5 - 17	● Choreography *no normal timetable running - Choreography only, All Tiers
	APRIL 17	● End of Term 1, All Tiers
	APRIL 18 - 21	● EASTER
TERM 2	APRIL 26	● Term 2 Begins, All Tiers
	MAY 17 - 20	● Term 2 Social Week, All Tiers
	JUNE 14	● First Shootout, All Tiers
	JUNE 21 - 22	● CheerCon Ice Breaker, Tier 2
	JUNE 27 - 29	● AASCF Winterfest, Tier 3 - 6
	JULY 5	● End of Term 2, All Tiers
TERM 3	JULY 12	● Term 3 Begins, Tiers 4 - 6
	JULY 19	● Term 3 Begins, Tiers 1 - 3
	AUGUST 8 - 10	● AASCF Battle, Tiers 3 - 6
	AUGUST 22 - 24	● CheerCon States, Tiers 1 - 6
	SEPTEMBER 6 - 9	● Term 3 Social Week, All Tiers
	SEPTEMBER 19 - 21	● AASCF States, Tiers 3 - 6
	SEPTEMBER 20	● End of Term 3, All Tiers
TERM 4	SEPTEMBER 27	● Term 4 Begins, Tiers 2 - 6
	OCTOBER 4	● Term 4 Begins, Tier 1
	OCTOBER 25 - 28	● Term 4 Social Week, All Tiers
	TBA	● 1 Spirit Showcase, All Tiers
	NOVEMBER 7 - 9	● Aussie Gold, All Tiers
	NOVEMBER 14 - 16	● CheerBrandz Super Nationals, TBA
	NOVEMBER 20 - 24	● AASCF Nationals, Tiers 3 - 6
	NOVEMBER 25 - 28	● Open Gyms
	NOV 29 - DEC 3	● Workshop/Team celebrations/ New skills
	DECEMBER 4 - 6	● Placement Week
	DECEMBER 7	● End of year celebration
DECEMBER 9 - 11	● Box collection	
DECEMBER 12	● Open gym + pizza party - welcome to everyone	
DECEMBER 15 - 18	● Meet the team	

Outlaws All Stars 2025

COMPETITION INFORMATION

COMPS BY TEAM

ALL TEAMS!

1. Shootout
2. Cheercon States
3. 1 Spirit Showcase
4. Aussie Gold States

BANDITS | RECUITS WILD ONES | GUNSMOKE, CROSSFIRE | GOLDEN GIRLS RICOCHETS | FURY

1. Cheercon Icebreaker

S.W.A.T.S | DEPUTIES TRIGGERS | LITTLE ANGELS JUNIOR OPS | CALIBER AVENGERS | RANGERS G.I. JANES | KELLY GIRLS NOTORIOUS | IBKG | BLAZE CRUSH | RECKLESS | HEAT SENIOR STEALTH | BULLETS HOT SHOTS | RIVALS VIGILANTES | SHARPIES SHERIFFS | BLACK ANGELS GEN 5 | KELLY COED

1. AASCF Winterfest
2. AASCF Battle
3. AASCF States
4. AASCF Nationals

SHOOTOUT

Date: Saturday June 14th, 2025

Location: Outlaws Bayswater: 11 Riccanic Drive, Bayswater, Vic, 3153

Teams performing: ALL TEAMS!

Overview: Welcome to the first performance of the season! Here our athletes get to debut their routines to their fellow #LTNLT FAMILY. This is a great opportunity for athletes to get all their pre-comp jitters out & for coaches to watch their routines in full.

CHEERCON ICEBREAKER

Date: Saturday June 21th - Sunday June 22nd, 2025

Location: Melbourne Convention & Exhibition Centre, 1 Convention Centre Pl, South Wharf, VIC, 3006

Teams performing: Bandits, Recuits, Wild Ones, Gunsmoke, Crossfire, Golden Girls, Ricochets & Fury

Overview: We can't wait to give our teams this extra chance to hit the competition floor at the Entertainment. Keep both days free, we will have competing days/times roughly a month out of the even

AASCF WINTERFEST

Date: Friday June 27th - Sunday June 29th, 2025

Location: State Basketball Centre: 291 George St, Wantirna South, VIC, 3152

Teams performing: S.W.A.T.S, Deputies, Triggers, Little Angels, Junior Ops, Caliber, Avengers, Rangers, G.I. Janes, Kelly Girls, Notorious, IBKG, Blaze, Crush, Reckless, Heat, Senior Stealth, Bullets, Hot Shots, Rivals, Vigilantes, Sharpies, Sheriffs, Black Angels, Gen 5 & Kelly Coed.

Overview: Our first competition of the season! Such a good opportunity to show off our routines. Keep these days free, we will have competing days/times roughly a month out of the event.

AASCF BATTLE

Date: Friday August 8th - Sunday August 10th, 2025

Location: State Basketball Centre: 291 George St, Wantirna South, VIC, 3152

Teams performing: S.W.A.T.S, Deputies, Triggers, Little Angels, Junior Ops, Caliber, Avengers, Rangers, G.I. Janes, Kelly Girls, Notorious, IBKG, Blaze, Crush, Reckless, Heat, Senior Stealth, Bullets, Hot Shots, Rivals, Vigilantes, Sharpies, Sheriffs, Black Angels, Gen 5 & Kelly Coed.

Overview: Battle is a 2 day event for Level 1-6 and teams will compete both days. Novice teams will compete once either Saturday or Sunday. Keep both days free.

CHEERCON STATES

Date: Friday August 22nd - Sunday August 24th, 2025

Location: Melbourne Convention & Exhibition Centre, 1 Convention Centre Pl, South Wharf, VIC, 3006

Teams performing: ALL TEAMS!

Overview: Our first full program competition of the season! A perfect way to show off everyone's hard work and display the atmosphere that OA can bring! Keep these days free, we will have competing days/times roughly a month out of the event.

AASCF STATES

Date: Friday September 19th - Sunday September 21st, 2025

Location: State Basketball Centre: 291 George St, Wantirna South, VIC, 3152

Teams performing: S.W.A.T.S, Deputies, Triggers, Little Angels, Junior Ops, Caliber, Avengers, Rangers, G.I. Janes, Kelly Girls, Notorious, IBKG, Blaze, Crush, Reckless, Heat, Senior Stealth, Bullets, Hot Shots, Rivals, Vigilantes, Sharpies, Sheriffs, Black Angels, Gen 5 & Kelly Coed.

Overview: AASCF States is a big one, we get to show off our routines to some of the worlds best judges to make sure we're heading in the right direction for Nationals! Keep both days free, we will have competing days/times roughly a month out of the event.

1 SPIRIT SHOWCASE

Date: TBA

Location: TBA

Teams performing: ALL TEAMS!

Overview: Welcome to the annual showcase extravaganza! With food trucks, team & performance photos, judging feedback and so much more, it's our favourite way to wrap up the year and celebrate how far our athletes have come.

AUSSIE GOLD STATES

Date: Friday November 7th - Sunday November 9th, 2025

Location: Melbourne Convention & Exhibition Centre, 1 Convention Centre Pl, South Wharf, VIC, 3006

Teams performing: ALL TEAMS!

Overview: Please ensure you leave all days free.

AASCF NATIONALS

Date: Thursday November 20th - Monday November 24th, 2025

Location: Melbourne Convention & Exhibition Centre, 1 Convention Centre Pl, South Wharf, VIC, 3006

Teams performing: S.W.A.T.S, Deputies, Triggers, Little Angels, Junior Ops, Caliber, Avengers, Rangers, G.I. Janes, Kelly Girls, Notorious, IBKG, Blaze, Crush, Reckless, Heat, Senior Stealth, Bullets, Hot Shots, Rivals, Vigilantes, Sharpies, Sheriffs, Black Angels, Gen 5 & Kelly Coed.

* Tier 2 teams will be given the opportunity to compete at Nationals IF their coaches feel they are ready to compete in an Allstar Division for this event only*

Overview: Welcome to the final competition of the season! Teams will go head-to-head with the best teams in the country over 5 days. Please ensure you leave all days free; we receive more info throughout the season to help you plan your trip

Outlaws All Stars 2025

BAYSWATER TIMETABLE Term 1 - CHEER

	4.00	4.15	4.30	4.45	5.00	5.15	5.30	5.45	6.00	6.15	6.30	6.45	7.00	7.15	7.30	7.45	8.00	8.15	8.30	8.45	9.00	9.15	9.30	9.45	10.00	10.15	FLOOR
MON																											1
																											2
																											3
TUE																											1
																											2
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WED																											1
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SAT																											1
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																											3
SUN																											1
																											2
																											3

2025

KEY: = Tumble Class

Outlaws All Stars 2025

DANCE - BAYSWATER TIMETABLE Term 1

	4.00	4.15	4.30	4.45	5.00	5.15	5.30	5.45	6.00	6.15	6.30	6.45	7.00	7.15	7.30	7.45	8.00	8.15	8.30	8.45	9.00	9.15	9.30	9.45	10.00	10.15	FLOOR
MON									YOUTH/MINI BALLET					OPEN HIP HOP (Team A)						OPEN HIP HOP (Team B)							1
TUE			YOUTH JAZZ/LYRICAL						YOUTH POM					JUNIOR JAZZ/TECH						JUNIOR POM							1
WED																				MASTERCLASS							1
THUR			MINI JAZZ/POM						YOUTH HIP HOP/TECH		YOUTH HIP HOP									ADULT JAZZ/LYRICAL/POM							1
FRI							JUNIOR BALLET/TECH		JUNIOR HIP HOP/TECH					JUNIOR HIP HOP													1

2025

Outlaws All Stars 2025

BAYSWATER - CHEER CHOREOGRAPHY

It is highly important that you are at your session below, so you can be choreographed in. If an absence has been approved under special circumstances by your coach, please ensure you have someone there to be you so routines can still be created. Contact your coach if you have trouble finding someone.

	9:00am - 1:00pm	1:30pm - 5:30pm	6:00pm - 10:00pm
SATURDAY APRIL 5	KELLY KIDS (9am - 11am)	DEPUTIES	CROSSFIRE
	S.W.A.T.S	TRIGGERS	
SUNDAY APRIL 6	BLAZE	SHERIFFS	GOLDEN GIRLS
	G.I.JANES		GEN 5
MONDAY APRIL 7	I.B.K.G	RIVALS	SHARPIES
			AVENGERS
TUESDAY APRIL 8	TINY TORIOUS (9am - 11am)	HOT SHOTS	SHERIFFS
		BULLETS	RANGERS
WEDNESDAY APRIL 9	I.B.K.G	RIVALS	AVENGERS
	BLAZE		SHARPIES
THURSDAY APRIL 10	BANDITS	HOT SHOTS	G.I.JANES
		BULLETS	
FRIDAY APRIL 11	RECRUITS	WILD ONES	GEN 5
		GUNSMOKE	RANGERS
SATURDAY APRIL 12			
SUNDAY APRIL 13			
MONDAY APRIL 14			

Outlaws All Stars 2025

SOMERVILLE - CHEER CHOREOGRAPHY

It is highly important that you are at your session below, so you can be choreographed in. If an absence has been approved under special circumstances by your coach, please ensure you have someone there to be you so routines can still be created. Contact your coach if you have trouble finding someone.

	9:00am - 1:00pm	1:30pm - 5:30pm	6:00pm - 10:00pm
FRIDAY APRIL 11	CRUSH	RECKLESS	
SATURDAY APRIL 12	LITTLE ANGELS	JUNIOR OPS	
SUNDAY APRIL 13	FURY	CALIBER	
MONDAY APRIL 14	RICOCHETS	VIGILANTES	BLACK ANGELS
TUESDAY APRIL 15	MINI MAYHEM (9:00am - 11:00am)	HEAT	STEALTH
WEDNESDAY APRIL 16	CRUSH	VIGILANTES	BLACK ANGELS
THURSDAY APRIL 17	RECKLESS	HEAT	STEALTH



**PROGRAM GUIDE AND
CODE OF CONDUCT
2025**

Outlaws All Stars 2025

PROGRAM GUIDE & CODE OF CONDUCT

Welcome to the Outlaws All Stars program guide & code of conduct booklet for 2025!

We understand that Cheer and Dance is a pretty involved sport & there's so many different parts to it, that it's easy to get confused or lost in all of it. If you're new to the club or new to cheerleading altogether, this booklet will help us to all be on the same page for the year. If you have read this booklet & still have questions, please see one of our friendly receptionists or email vic@outlawsallstars.com.au for further help.

THE OUTLAWS WAY

We're passionate about providing an environment that enriches all of our students & families' lives by expanding their abilities, life skills, and self value by giving them the most innovative, highest standard of coaching we possibly can in a fun, positive and health focused family environment. We align all decisions that we make with this.

COMMUNICATION SYSTEMS

At Outlaws All Stars we endeavour to provide our families with effective & efficient communications to ensure a seamless and successful season! Below are some of our communication systems & the roles they play within our program.

WEBSITE: www.outlawsallstars.com.au

Our Website is a key tool to assist families in staying up to date information for the following:

Information Centre (Access to current information booklets, program guide, policies and procedures plus current timetables for all classes)

Booking page through iclass pro; Book all your privates & tumbling clinics here!

Club News Page; our past year achievements & current things as we go.

Programs Page: the most current information regarding our programs and timetabling

Pro Shop Page: This page will take you directly to our proshop website & Instagram @Aproshop

Community Businesses page: This page contains family businesses within the LTNLT community, that we know, trust & support.

Wellness Hub page: This page is a collection of various Information sources to help our students take their health & wellbeing to the next level.

TEXT MESSAGE SYSTEM

We use this if we ever have any urgent information we need to send out, ie. Change of class schedule & cancellations etc. The primary Contact number listed in the enrollment form is the number used in the sms system, if you need to update this please go into your iClass Pro "My Profile" to do so.

NEWSLETTERS & FACEBOOK

Our Monthly Newsletters are emailed & posted in our Information Hub within the first week of every month!

Please make sure you read them, they are filled with valuable information & updates for both cheer & dance!

Some of the Newsletters may be long, but they're necessary to give you all the information.

UNIFORMS & APPAREL

PROGRAM GUIDE & CODE OF CONDUCT

WHAT TO WEAR TO CLASS?

Cheerleading/Tumble/Class Attire

Please wear appropriate athletic wear to every lesson.

- Shorts (Leggings are fine in winter, but if you are a flyer please avoid these as it can make it difficult to grip in stunts).
- Secure tops - no singlet tops without sports bras for girls – Remember, if it's too floppy, body parts can get caught in shirts.
- Proper coverage sports bras, and shorts with a decent inseam (min 2 inches). The type of sport we're in, things that start semi revealing can become inappropriate once you take into account the tumbling/stunting.
- Cheerleading shoes; these can be purchased online through outlawsallstarsproshop.com

Level Shirts & Club Shirts - Cheerleading

- These are the two compulsory apparel items for the year from choreography dates onwards. These aren't included in the block fees because many students already have them from previous years. However in 2025 we have new club and level tees. The level tees are the only items that will be compulsory for trainings in 2025. And the club tees will be compulsory from 2026.
- For Term 1 - 4 please attend your first training lesson of the week in your Level Tee – black (week starting on Saturday). This will only be enforced from the start of March to allow everyone time to order & receive their new tees

Club Kits & Team kits 2025 – Tier 4 - 6

- The Club Kits are compulsory for tier 4- 6 athletes, and will consist of an item to be worn to designated trainings and an item to be worn over the top of uniforms at competitions. You will be required to purchase these from the Pro Shop - outlawsallstarsproshop.com. If sizes are unavailable, pre orders will also be opened every 6 weeks to ensure everyone can get what they need.
- Each team will have 2 team oriented training items designed for them. Lots of input from the team will be encouraged, and then upon collaboration with our staff, they will be available for purchase through the pro shop during a set time frame. Then for any competitions at which teams compete twice, teams will be able to wear their competition based item over uniforms at competitions. Team items will be kept for multiple seasons.

Proshop

We have an online Proshop with up to date stock lists of current items, including tees, singlets, jumpers, accessories which can be worn to trainings! Our standard club items are regularly re-ordered, plus we release limited edition seasonal items, rotating through Winter & Summer. You can check out our Proshop via outlawsallstarsproshop.com

Cheerleading Competition Uniform

Level: Mid season teams

Mid season teams, unless otherwise specified, will wear their level's Level tee and the club bow to compete in, with white cheerleading shoes and low cut socks.

Level: Cheersport

Cheersport teams will follow the Novice to level 3 uniform requirements, however will be required to purchase a cheer sport uniform instead of a novice - 3 uniform.

Level: Novice, 1, 2, 3

Our level 1-3 uniform is a full length top and bottoms (pants for boys), club bow and white low cut socks with white cheerleading shoes. Uniforms top and bottom sizing kits are available for you to try on in the last 2 weeks of Term 1. Parents and O18 athletes are responsible for sizing themselves, then placing their order at outlawsallstarsproshop.com before the due date cut off. Please note; it is your responsibility to ensure the correct size is ordered, as these are custom made to each specific person's size request, so there is no opportunity for refunds. We only order the exact sizes that have been ordered from the Pro shop, so even swapping sizes in most cases is absolutely not possible.

* If you are in a Mini team, we require you to have our small club bow.

All youth, junior, senior & open teams wear the large yellow club bow.

Level: 4 - 6

Our level 4 -6 uniform is a long-sleeved top and bottoms for girls, full length top and pants for boys, club bow and black low-cut socks with black cheerleading shoes. Uniforms top and bottom sizing kits are available for you to try on in the last 2 weeks of Term 1. Parents and O18 athletes are responsible for sizing themselves, then placing their order at outlawsallstarsproshop.com before the due date cut off. Please note; it is your responsibility to ensure the correct size is ordered, as these are custom made to each specific person's size request, so there is no opportunity for refunds. We only order the exact sizes that have been ordered from the Pro shop, so even swapping sizes in most cases is absolutely not possible.

Worlds Teams

Our Worlds teams have a specialised uniform with their team name on it. The uniform is a long-sleeved top and bottoms for girls, full length top and pants for boys, a specialised bow or scrunchie for girls and low cut socks with cheerleading shoes. Uniforms top and bottom sizing kits are available for you to try on in the last 2 weeks of Term 1. Parents and O18 athletes are responsible for sizing themselves, then placing their order at outlawsallstarsproshop.com before the due date cut off. Please note; it is your responsibility to ensure the correct size is ordered, as these are custom made to each specific person's size request, so there is no opportunity for refunds. We only order the exact sizes that have been ordered from the Pro shop, so even swapping sizes in most cases is absolutely not possible.

COMPETITIONS

PROGRAM GUIDE & CODE OF CONDUCT

COMPETITION INFORMATION

Competitions & Performance Schedule & Etiquette

At competition time, there is lots of information coming your way, so it is up to you to make sure you are reading & staying connected! Not every team does each competition, and this changes every year, so we ask you to always check in your season Information Booklet for the most up to date competition schedules.

If you cannot commit to the competitions your team is doing, please discuss with your coach ASAP & remind them regularly. Any potential additional comps will be discussed with relevant teams/parents.

When we get closer to the comps, running orders are posted as they're released by the competition companies, along with meet times/places and what shirts to wear etc.

Etiquette

At comps especially, be respectful - As a larger club it is sometimes difficult for coaches to manage all the students & supporters. Be kind, cheer on all other teams, especially at awards time, and if you see another Outlaws student perhaps not acting in a respectful manner, just give them a little whisper & remind them, we all want to look out for each other.

It is an AASCF rule to not have any cropped clothing items worn around competition ground except when warming up and competing, please make sure to cover up between performances with the set Outlaws apparel items.

Athletes will be required to meet their team for competitions at least 1 hour prior to warmup – exact meet times will be posted in the weeks leading up to comps. Athletes must be fully comp ready (all jewellery removed, uniform and makeup on, hair ready and bow in with cheer shoes on) at their meet time. At competitions we also ask that students & parents refrain from filming other clubs routines, and avoid being on their phones during awards.

Athletes will be required to be in full competition uniform at all awards. This includes no phones at awards.

Competition Hair, Make Up & Appearances

Below is our set competition Hair & Make Up.

We may alter this for some Worlds teams, but we will contact you directly if we do so.

Hair for levels 1-3 is a High Pony Tail with Comp bow, ponytail is to be teased to add volume & all Fringes/ whispys are to be pinned back.

Levels 4-7 are to have a bouncy curled pony with an outside braid going from left to right.

Perfect ponys (or anything of this nature) is also encouraged for all hair, just nothing over teased please.

Make up is brown smokey eyes (i.e. brown, gold and bronze)

Full look includes eye liner, foundation, light blush/bronzer, mascara & Red lip stain to complete the look.

False Eyelashes are also encouraged & are compulsory for any level 4+ teams.

Bras: Female athletes wishing to wear a bra under their uniform require strapless or clear strapped bras – even if straps are nude, they take away from the overall uniformity of the team. If you have untidy straps, your coach will ask you to remove them & find an alternative that is not visible through the competition uniform

Level 1-3 Hair Tutorial: <https://youtu.be/iywz8pzJ4ig>

ATTENDANCE

PROGRAM GUIDE & CODE OF CONDUCT

We understand that life happens, and events/special circumstances may arise, please see below reasons for an approved/ unapproved absence for our students. Please note all requests must be submitted & approved by your coach, at least 3 weeks before the event (or earlier if possible). If any of these events fall within a **3 week period before a competition**, please speak with your coach to see what can be done, otherwise athlete/s may become an understudy at that upcoming competition (at the coach's discretion), depending on how much effect any absences have on the team.

Approved reasons:

- Weddings
- Compulsory school/work events (Camps, Formals, Exams, Deb ect)
- Contagious Illness (please see more info below)
- Family Emergencies (please see more info below)
- Religious reasons

Unapproved reasons:

- Birthday Celebrations
- Social Events/parties
- "Don't feel like it"
- Withholding child from training as a form of punishment
- Minor Injuries/recovery (please see more below)
- Appointments
- Holidays
- Public Holidays

Illnesses/ Injuries

If you are extremely ill or contagious and unable to even sit out and watch, you must fill in an absence request on iClass Pro. In these circumstances, a doctors certificate is required. **If you are unwell but not contagious, or have an injury you will still be expected to attend your class so that you can still be with the team**, be aware of anything that was taught, and know any choreography changes etc. This shows your coaches/team mates that you are committed to the team, and although you may not be able to participate physically, it still shows that you are a team player.

Why are we so strict on attendance?

We aim to teach students accountability - attendance is crucial to the function of any team. If stunt groups are incomplete, it can limit what many other people on the team can do in a training, so we are extremely diligent in ensuring all team members are attending every practice. Athletes will be made accountable for any missed training sessions (for whatever reason) and are required to make that up with set strength training to ensure they don't lose any important strength and conditioning required to be able to do skills successfully. Attendance is vital for students' safety & progress within the sport, and absences jeopardise the safety and progress of all team members, especially if strength isn't maintained.

Consequences for absences

Cheer is a team focused sport; attendance and commitment are crucial to every team's success - we expect 100% attendance. Students can miss 2 classes per term max, otherwise they may become an understudy at upcoming competitions (at the coach's discretion), depending on how much effect any absences have, or may have on the team. No students are to miss any trainings 3 weeks prior to competing. For unusual circumstances -please advise reception and we will see what we can do. In the event of an emergency please call the gym as soon as you are aware, and BEFORE your class. Please note social media is not an acceptable way to communicate absences; it must be done through [iClass Pro](#).

What do I do if I'm away?

1. If it is a last minute absence on the day of training, please call reception ASAP, or email vic@outlawsallstars.com.au with students full name, date of absence & reason for absence. You will also need to fill out a submission for an absence request on iClass pro just for record keeping purposes. If it is more than 24 hours before the class, please just fill out an absence request on iClass Pro.
2. Make sure you catch up - As we get into running full outs and semi full outs, fitness is VITAL for routine success and injury prevention. Regardless of anyone's reason for being away, they will most likely be required to complete a set of conditioning to help catch up on some of the fitness and body conditioning they missed. This is not a punishment; it is gearing our kids up to be fit enough to put some amazing routines on the floor! The success of an athlete or a team can be determined by how well he or she is conditioned. Generally, the conditioning exercises involve moving your body in such a way that it increases physical fitness and athletic skill. This decreases the risk of any sports injury. Coaches will assign level appropriate exercises.

FAQ & IMPORTANT INFO

PROGRAM GUIDE & CODE OF CONDUCT

STUNT GROUPS

We are not allowing students to do these at our major comps anymore- athletes began to prioritise these ahead of their teams, impacting some teams' comp preparation & it affects a lot of the teams' last trainings. Stunt Groups are permitted to compete at other comps where their team is not competing, which unfortunately includes Nationals for most athletes. This is to avoid any clashes between stunt group performance times and final trainings for teams before Nationals – in fairness to your teammates, the team must take priority. Students are responsible for their music & ensuring they are correctly entered. You must have a coach work with you on a weekly basis to ensure it is safe, legal and supervised. There is also an extra entry cost for these. There may be approval on a case by case situation

PARKING & DRIVING

No stopping in the middle of the driveway, or across the entry to the driveway or parking in staff carpark spots. Please don't make us have to ask you to move, this is purely for the safety of your kids. If you have to, park down the street & walk, or stop past the driveway. No stopping in front of other properties driveways - other business owners are getting very upset & people have been getting fines which we support, because it is not okay for other people to not be able to get into their driveways & businesses due to our cars.

HOW WE CHOOSE TEAMS

All teams are based first on skill and mental readiness. By doing this, we increase self-confidence within their skills, safety, enjoyment and of course makes them more successful at competitions. A lot of mental blocks happen from kids being pushed to excel too quickly - sometimes the body can be ready but the mind may not be. Team placements are held in December every year where we assess both tumbling and stunting ability to determine which team each athlete is best suited for. We are a lot more disciplined than some may be used to, but for us it's about more than cheerleading. We aim to teach students how to deal with difficult situations and success or failure, to persist when things seem difficult, how to achieve long-term goals and to enjoy the process of perfection before progression as safety and technique come first. It's sometimes hard to contain a child's excitement for wanting to learn harder skills, but it's important for us to see the bigger picture in terms of their longevity in the sport & for their bodies. We trust our coaches' judgement; however, if you are unhappy with your team placement our coaches will be happy to discuss their assessment and progression with you to help you understand the decision.

HEALTH FIRST

We're putting our bodies under extreme kinds of training, so we have to not only do the normal maintenance, but be kind to it in light of all the extra work we're doing. You can heal the stress your bodies are put through in rigorous exercise with good food, sleep, meditation & more. It's important to look after all aspects of your health. We really encourage our students to do meditation/ visualisation! There are so many positive benefits - Boosts Immunity, elevates mood, decreases stress, increases productivity, alleviates chronic pain & so much more. We need our students to be eating a healthy, nourishing, balanced diet & getting adequate rest to help them achieve their goals within this sport!

We have recently added a new "Wellness Hub" to our website under the "About" tab. This page has a wonderful wide variety of information that we encourage our athletes to read/listen & watch.

FAQ & IMPORTANT INFO

PROGRAM GUIDE & CODE OF CONDUCT

HOW TO BE A GOOD ATHLETE/PARENT... ATTITUDE IS EVERYTHING!

As a program, we're here first and foremost for the enjoyment and development of the students & we base our methods on principle. As a parent, we need you to keep an open communication between all – Help us help your athlete! We encourage parents to jump onto the “Proactive coaching” Facebook page, they have invaluable tips & advice for parents within sport. Don't forget - When you allow athletes to feel successful – without working hard in preparation or getting through struggles, you aren't building confidence – you are teaching them that everything comes easy (false confidence) . True confidence comes from intense, purposeful preparation and fighting through failure – being a coachable athlete!

HEAT POLICY

Here is a quick summary of our current Heat Policy at Outlaws All Stars, please note all class adjustments will be at the discretion of the Gym Owner.

In non-airconditioned facilities when the ambient temperature published by the Bureau of Meteorology is forecast to reach 36 or above, we will postpone classes to a cooler part of the day, or cancel training, or change the class plan to do safe activities that contribute to a positive team session such as bonding.

We understand if you are not comfortable with your child attending in these conditions which means you can choose not to bring them, however, please keep in mind that we will take extreme care of all athletes during this time

If you would like to view our full hot weather guidelines, please visit our website www.outlawsallstars.com.au and click on our information centre.

SOCIAL MEDIA POLICY

Outlaws All Stars acknowledges our parents and athletes right to contribute content to social platforms including but not limited to; Facebook, Instagram, Tik Tok, YouTube, Twitter. However, as inappropriate use of these platforms can cause lasting damage to all parties, the following rules apply to all parents and students within Outlaws All Stars;

1. Parents and students must not share content or participate in any behaviour that does not align with our values, whilst wearing Outlaws All Stars apparel or representing Outlaws All Stars in anyway. Any kind of content posted that is contrary to the goals, ideals and vision for Outlaws All Stars will be taken very seriously.
2. Parents & students are not permitted to create private groups/chats outside of their [facebook](#) page in relation to team groups.
3. Parents & students are to refrain from direct messaging staff via social media, all enquires, questions & conversations must be done via personal email or vic@outlawsallstars.com.au

Parents & students must comply with all requirements of this policy. Our ethics are something we highly value and anyone portraying anything to the contrary will face disciplinary action.

CODE OF CONDUCT

PROGRAM GUIDE & CODE OF CONDUCT

Below is the Code of Conduct for Outlaws All stars.

Athlete Guidelines:

- Parents & students must not share content or participate in any behaviour that does not align with our values, whilst wearing Outlaws All Star apparel or representing Outlaws All Stars in anyway. Any kind of content posted that is contrary to the goals, ideals and vision for Outlaws All Stars will be addressed and taken seriously.
- Parents & students are not permitted to create private groups/chats outside of their [facebook](#) page in relation to team groups.
- Parents & students are to refrain from direct messaging staff via social media, all enquires, questions & conversations must be done via personal email or vic@outlawsallstars.com.au.
- No gum, food or soft drinks are to be consumed in any part of the gym area. Only sealed water bottles are allowed in the gym. There is a designated kitchen area for meals, and for water bottles to be refilled
- All bags are to be placed on the shelving/area. No responsibility will be taken for lost/misplaced items, so please do not bring valuables to classes.
- Personal hygiene is of great importance at all times of the year. Please arrive clean and wearing deodorant at all times. Bring a sweat towel/sweat bands if needed to clean up sweat; as you are in constant contact with your fellow teammates, cleanliness is a must.
- No athletes are to be playing around in the gym area without a supervising coach/staff member - there is a lot of expensive equipment in the gym and can be damaged, but also dangerous if not used properly. You are however welcome to come in early to stretch, warm up and stunt (at coaches' discretion).
- Students MUST respect all members of Outlaws All Stars including ALL staff, coaches, guest coaches/teachers, fellow students, other parents and guests.
- No misleading comments are to be made about other students, staff or families AT ALL. Outlaws All Stars is a happy and safe environment for all.
- Students are here to have fun, and learn a sport. We do not tolerate bullying at any level.
- Students must adhere to all policies and procedures by Outlaws All Stars. Copies of these are given to families annually, and can be found in our Information centre on our website.
- Never post negative comments on any forms of social media, websites or chat rooms regarding the club, team mates, staff, or families from the club. If there are any situations that require resolving, that should be done privately amongst those involved. Any negative post may result in a reviewing of your position at the club.
- Athletes must work as a team and respect all the coaches'/teachers decisions. It is the coach/teacher's responsibility to assign your students position on their team (eg: base, back, flyer, tumbler) Each role is just as important as the next.
- It is the student's responsibility to maintain their skills throughout a competition season. If these skills are not maintained to a routine performance level, the student's position in a team may be reviewed to ensure the student is in the best team for their development, and to ensure the team can have a successful competitive season.
- All conversations in the foyer/gym/carpark area must be respectful and positive to all athletes, coaches, staff and families. DO NOT indulge in or create foyer gossip, as this will not be tolerated. If you do have a problem, please direct it to staff at an appropriate time or send us an email. Gossip can creates huge issues and a very negative environment.
- It is the responsibility of both the athlete and the parent to keep up to date with any news or information regarding your students' teams - Please check the facebook Info Hub, your students facebook team pages and your emails regularly.
- For all students, any smoking/vaping/ drinking/ other behaviour done in any Outlaws Apparel will most likely result in instantly removing you from the club. Health is something we highly value on and anyone portraying anything to the contrary will be dealt with seriously.
- You must arrive at all training sessions, competitions and all scheduled events on time. Being late puts a huge strain on all teammates, and you will miss vital warm up time - Punctuality is a must.
- I understand that I am to notify all appropriate parties of any health problems that may affect my fitness or ability to learn so that coaches/teachers can be as helpful, and as prepared as possible to teach all students to the best of their ability. Eg. Asthma, previous broken bones, heart problems, Autism etc. If students have an action plan, it is the responsibility of the parent/guardian to provide us a copy.)
- **Over 18 Students are responsible for their own finances & must comply with all details outlined within the Outlaws All Stars Fees & Refund Policy, as well as the Payment Terms & Agreement given to families upon registration, which must be signed before starting class.**
- **Over 18 Students must now supply a working with children's check. This is in compliance with ASCA and new ALU rules.**
- Check the lost and found regularly. Our lost and found grows ever so quickly and is donated at the end of each term. Please ensure your athletes are not bringing valuables to practice. Lost items are not our responsibility.
- The Outlaws All Stars logo is trademarked and cannot be used without the Outlaws All Stars owner's approval.

CODE OF CONDUCT

PROGRAM GUIDE & CODE OF CONDUCT

Below is the Code of Conduct for Outlaws All stars.

PARENT GUIDELINES:

- Parents & students are not permitted to create private groups/chats outside of facebook groups in relation to Outlaws All Stars teams/groups to ensure that all groups/team environments on social media are positively focused.
- No siblings that are not current students/athletes are to be playing around in the gym area. If they are permitted, it must be with a supervising coach.
- Parents MUST respect all members of Outlaws All Stars including ALL staff, coaches, guest coaches, fellow students, other parents and guests
- No misleading comments are to be made about other students, staff or families AT ALL. Outlaws All Stars is a happy and safe environment for all. Students are here to have fun, and learn a sport. We do not tolerate bullying at any level.
- Parents must adhere to all policies and procedures of Outlaws All Stars. Copies of these are given to families annually and can be found in our Information centre on our website.
- It is not acceptable to post negative comments on any forms of social media, websites or chat rooms regarding the club, team mates, staff, or families from the club. If there are any situations that require resolving, that should be done privately amongst those involved. Any negative post may result in a reviewing of your position at the club.
- All conversations in the foyer/gym/carpark area must be respectful and positive to all athletes, coaches, staff and families. DO NOT indulge in or create foyer gossip, as this will not be tolerated. If you do have a problem, please direct it to staff at an appropriate time or send us an email. Gossip can create huge issues and a very negative environment.
- It is the responsibility of both the athlete and the parent to keep up to date with any news or information regarding your students' teams - Please check the Facebook info hub page, your students facebook team pages and your emails regularly.
- I understand that withholding children from training sessions or competitions as a form of punishment is NOT tolerated. This severely affects not only the student involved but the entire team, and if this occurs may lead the athlete's position on the team to be reviewed. Please let us work with you in creating solutions & processes with students' behaviour to encourage positive steps forward without negatively affecting a large number of other students.
- For all parents, any smoking/ drinking/ other behaviour done in any Outlaws Apparel will most likely result in instantly removing you from the club. Health is something we highly value on and anyone portraying anything to the contrary will be dealt with seriously.
- I understand that I am to notify all appropriate parties of any health problems that may affect my fitness or ability to learn so that coaches/teachers can be as helpful, and as prepared as possible to teach all students to the best of their ability. Eg. Asthma, previous broken bones, heart problems, Autism etc. If students have an action plan, it is the responsibility of the parent/guardian to provide us a copy.)
- Parents are responsible for U18 Students finances & must comply with all details outlined within the Outlaws All Stars Fees & Refund Policy, as well as the Payment Terms & Agreement given to families upon registration, which must be signed before starting class.
- Check the lost and found regularly. Our lost and found grows ever so quickly and is donated at the end of each term. Please ensure your students are not bringing valuables to practice. Lost items are not our responsibility.
- It is the parent's responsibility to help students U18 understand and comply with the "Athlete Guidelines" above.
- If parents & students need to contact staff in relation to anything related to Outlaws All Stars, it is now required to be done through email - **vic@outlawsallstars.com.au**, and not social media
- The Outlaws All Stars logo is trademarked and cannot be used without the Outlaws All Stars owner's approval.

OUTLAWS ALL STARS

INFORMATION PROTECTION AND PRIVACY NOTICE

This notice applies across all websites that we own and operate and all services we provide, including our online and platforms, and any other apps or services we may offer (for example, events or clinics). For the purpose of this notice, we'll just call them our 'services'. When we say 'personal data' or 'personal information' we mean identifiable information about you (or your dependents), like your name, email, address, date of birth, telephone number, account details, payment information, support queries, community comments and so on. If you can't be identified (for example, when personal data has been aggregated and anonymised or collected anonymously) then this notice doesn't apply. We may need to update this notice from time to time. Where a change is significant, we'll do our best to make sure we let you know – usually by sending you an email.

Who are 'we'?

When we refer to 'we' (or 'our' or 'us'), that means Outlaws All Stars Cheerleading Pty Ltd. Address and contact details for us are available on our contact page and throughout most of our information and advertising materials. We mainly provide cheerleading and tumbling services for athletes in South Australia. At the core of our business is our fantastic coaching and service. If you want to find out more about what we do, please visit our website, give us a call or come in and visit.

Our principles of information protection

Our approach to your privacy protection is built around three key principles. They're at the heart of everything we do relating to personal data.

Transparency: We take a human approach to how we process and store personal data by being open, honest and transparent.

Security: We champion industry leading approaches to securing the personal data and information entrusted to us.

Stewardship: We accept the responsibility that comes with handling your personal information.

How we collect your data

When you visit our websites, register with us or use our services, we often collect personal data. The ways we collect it can be broadly categorised into the following:

Information you provide to us directly: When you visit or use some parts of our websites and/or sign up for services we might ask you to provide personal data to us. For example, we ask for your contact information when you sign up for a free trial, respond to an application or an email offer, join us on social media, take part in trials and events, contact us with questions or request support. If you don't want to provide us with personal data, you don't have to, but it might mean you can't use or access some parts of our website or services.

Information we collect automatically: We collect some information about you automatically when you visit our websites or use our services, like your IP address and device type. We may also collect information when you navigate through our website and services, including what pages you looked at and what links you clicked on. This information can be useful for us as it helps us get a better understanding of how you're using our websites and services so that we can continue to provide the best experience possible (e.g., by personalising the content you see or further developing desired services). Some of this information is collected using cookies and similar tracking technologies.

Information we get from third parties: The majority of information we collect, we collect directly from you. Sometimes we might collect personal data about you from other sources, such as publicly available materials or trusted third parties like cheerleading event providers and insurance providers. We use this information to supplement the personal data we already hold about you, in order to better inform, personalise and improve our services, and to validate the personal data you provide.

Where we collect personal data, we'll only process it:

- * to perform a contract with you, or
- * where we have legitimate interests to process the personal data and they're not overridden by your rights, or
- * in accordance with a legal obligation, or
- * where we have your consent.

If we don't collect your personal data, we may be unable to provide you with all our services, and some functions and features on our websites may not be available to you.

If you're someone who doesn't have a relationship with us, but believe that an Outlaws All Stars member has entered your personal data into our websites or services, you'll need to contact that member for any questions you have about your personal data (including where you want to access, correct, amend, or request that the user delete, your personal data).

How we use your data and personal information

First and foremost, we use your personal data to provide our services, schedule appropriate classes, ensure we are able to accurately purchase and provide additional services such as competition entry and insurance when necessary on your behalf and provide you with any services you've booked or requested, and to manage our relationship with you. We also use your personal data for other purposes, which may include the following:

To communicate with you. This may include:

- * providing you with information you've requested from us or information we are required to send to you
- * operational communications, like changes to our services, updates, or assistance with using our websites and services
- * marketing communications (about Outlaws All Star Cheerleading services or another product or service we think you might be interested in)
- * asking you for feedback or to take part in any research we are conducting.

To support you: This may include assisting with the resolution of service or technical support issues or other issues relating to our websites or services, whether by email, telephone support or otherwise.

To enhance our websites and services and develop new ones: For example, by tracking and monitoring your use of our services and website so we can keep improving, or by carrying out technical analysis of our websites and services so that we can optimise your user experience and provide you with a better experience.

To protect: So that we can detect and prevent any fraudulent or malicious activity, and make sure that everyone is using our websites and services fairly and in accordance with our terms of use.

To analyse and aggregate: We may use the personal data we collect about you and other users of our website and services (whether obtained directly or from third parties) to produce aggregated and anonymised analytics and reports. This can assist us in providing better services and experiences.

OUTLAWS ALL STARS

INFORMATION PROTECTION AND PRIVACY NOTICE

How we can share your data

There will be times when we need to share your personal data with third parties. We will only disclose your personal data and the minimum of your personal data required to:

- * Cheerleading competition and event providers that our athletes will be competing with
- * third party service providers and partners who assist and enable us to use the personal data to, for example, support delivery of or provide functionality on the website or services, or to provide insurance to you
- * regulators, law enforcement bodies, government agencies, courts or other third parties where we think it's necessary to comply with applicable laws or regulations, or to exercise, establish or defend our legal rights. Where possible and appropriate, we will notify you of this type of disclosure
- * other people where we have your consent.

International Data Transfers

When we share data, it may be transferred to, and processed in, countries other than the country you live in – such as to the United States, where our data hosting provider's servers are located. These countries may have laws different to what you're used to. Rest assured, where we disclose personal data to a third party in another country, we put safeguards in place to ensure your personal data remains protected. For further information, please contact us.

Security

Security is a priority for us when it comes to your personal data. We're committed to protecting your personal data and have appropriate technical and organisational confidentiality measures in place to make sure that happens. For more information about your security, please contact us.

Retention

The length of time we keep your personal data depends on what it is and whether we have an ongoing business need to retain it (for example, to provide you with a service you've requested or to comply with applicable legal, tax or accounting requirements). We'll retain your personal data for as long as we have a relationship with you and for a period of time afterwards where we have an ongoing business need to retain it, in accordance with our data retention policies and practices. Following that period, we'll make sure it's deleted or anonymised.

Your rights

It's your personal data and you have certain rights relating to it. When it comes to marketing communications, you can ask us not to send you these at any time – just follow the unsubscribe instructions contained in the marketing communication, or send your request to vic@outlawsallstars.com.au. You also have rights to:

- * know what personal data we hold about you, and to make sure it's correct and up to date
- * request a copy of your personal data, or ask us to restrict processing your personal data or delete it
- * object to our continued processing of your personal data

You can exercise these rights at any time by sending an email to: vic@outlawsallstars.com.au

If you're not happy with how we are processing your personal data, please let us know by sending an email to vic@outlawsallstars.com.au

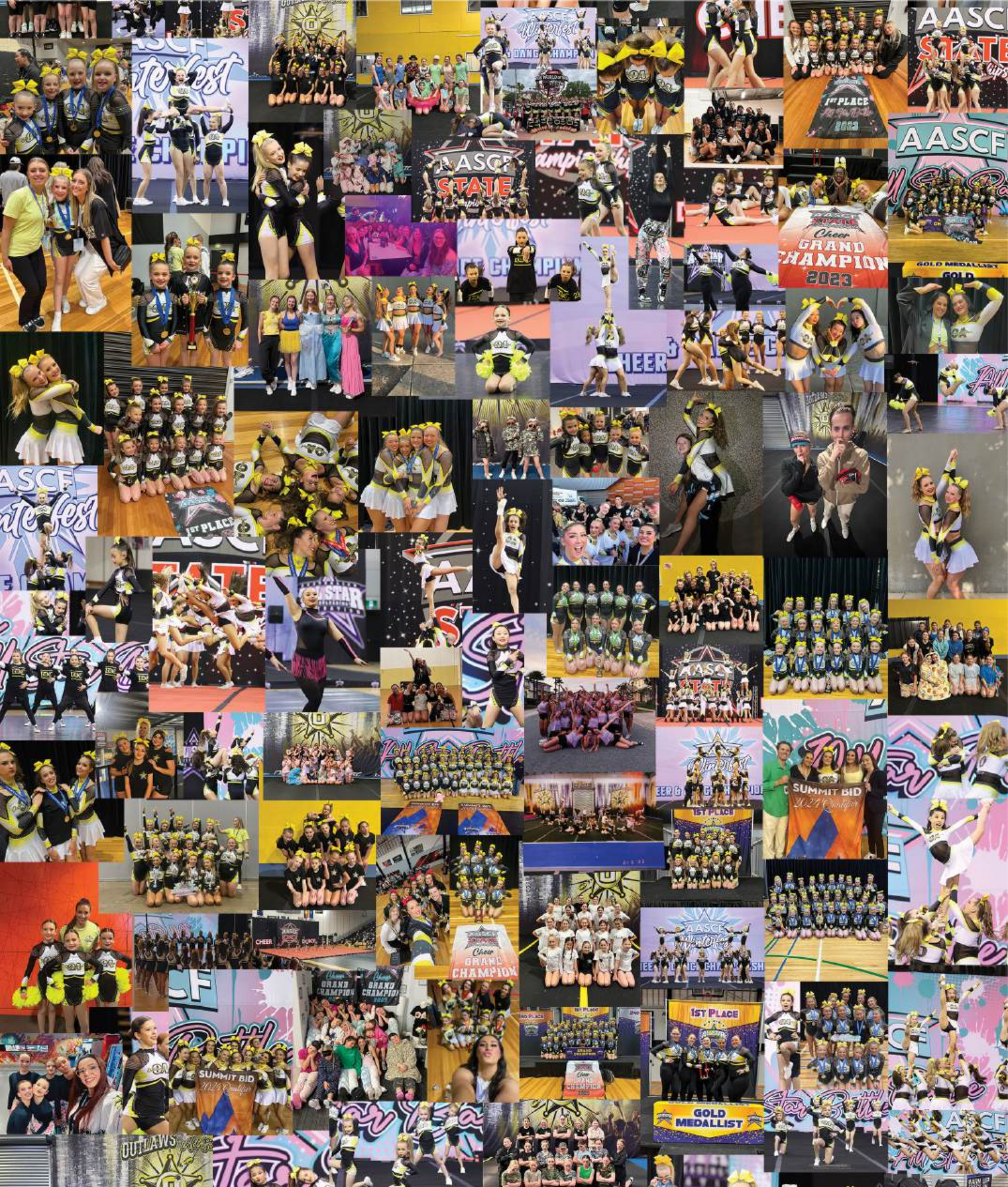
We will review and investigate your complaint, and try to get back to you within a reasonable time frame. You can also complain to your local data protection authority. They will be able to advise you how to submit a complaint.

How to contact us

We're always keen to hear from you. If you're curious about what personal data we hold about you or you have a question or feedback for us on this notice, our websites or services, please get in touch.

We prefer to communicate with you by email – this ensures that you're put in contact with the right person, and in accordance with any regulatory time frames.

Our email is: vic@outlawsallstars.com.au



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